Welcome to the Africa Aging: Long-Term Care Systems for Africa: Setting Agendas Conference

Following a first successful IAGG Africa Region conference in Cape Town in 2012, we are delighted to announce the second conference, which will take place 6-8 December, 2016, in Nairobi, Kenya.

Conference sessions will explore the broad deficiencies in current long-term care arrangements for older adults in sub-Saharan Africa – and the urgent need for more effective and appropriate systems to address the care needs of a rapidly expanding older population.

The conference aims to be a platform for open and practical dialogue among policy, research and practice stakeholders to jointly forge agendas for the development of long-term systems of care for Africans in coming decades.

More than 100 academics, service providers, advocates and government stakeholders from around the region and beyond are expected to attend the conference, which will feature expert panels, open discussion and structured group work.

Directions and perspectives generated by the discussions will generate a roadmap for collaborative action to inform strategies for implementing long-term care systems and structures across the region.

REGISTER BY 20 SEPTEMBER TO BENEFIT FROM THE EXTENDED EARLY-BIRD REGISTRATION DEADLINE
Key Speakers

**Professor John Beard**
Director, Department of Aging and Lifecourse, World Health Organization

**Professor Nana Araba Apt**
Professor Emerita, Ashesi University, Ghana
Pioneer scholar on aging in Africa

**Dr. Olawale Maiyegun**
Director, Department of Social Affairs, African Union Commission

**Professor Heung Bong Cha**
President, International Association of Gerontology and Geriatrics
Head, Aging and Development Program, African Population and Health Research Center
Associate Professor of Gerontology, University of Southampton

**Professor Isabella Aboderin**
Regional Chair for Africa, International Association of Gerontology and Geriatrics
Head, Aging and Development Program, African Population and Health Research Center

**Dr. Tavengwa Nhongo**

**Professor Jaco Hoffman**
Associate Professor, Optentia Research Focus Area, North West University

**Professor Norah Keating**
Director, Global Social Initiative on Aging

**Ms. Susan Mochache**
Principal Secretary, Kenya Ministry of East African Community Affairs, Labor and Social Protection
Program

The 2nd Africa Region Conference of Gerontology and Geriatrics will run over two-and-a-half-days from 6 – 8 December 2016 in Nairobi, Kenya.

The academic program, beginning with a welcome plenary session on the evening of 6 December, will feature presentations by eminent African and international speakers, expert panels, open discussion and structured group work. Deliberations will center on nine focal themes regarding the contexts of guiding principles and models for long-term care in the region.

The social program will include a cocktail reception in the evening of 6 December, and a formal dinner on Wednesday 7 December.

Conference focal themes

**Understanding contexts of long-term care**

1. Contemporary African families: forms, functions, and care
2. African family solidarity norms: principles and application
3. Broader development agendas and long-term care: labor markets, productivity, social contract

**Toward guiding principles for long-term care**

4. Purpose and goals of long-term care systems: rights, gender, equity considerations
5. Quality long-term care: essential service content
6. Formal and family long-term care provision: appropriate balance and respective roles
7. Developing SSA’s long-term care systems: actors, tasks, responsibilities

**Identifying models for long-term care**

8. Extant forms of ‘formal’ LTC provision in SSA
9. Emerging ‘formal’ practice in SSA and other low and middle income settings
   - Formal care quality, access, sustainability
   - Integration with health services
   - Supporting families to provide care

Program overview

<table>
<thead>
<tr>
<th>TUE 6 December</th>
<th>WED 7 December</th>
<th>THU 8 December</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration</td>
<td>Registration</td>
<td>Registration</td>
</tr>
<tr>
<td>SIDE EVENTS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Expert panels and open discussions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Small group work</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lunch</td>
<td></td>
<td>Closing plenary</td>
</tr>
<tr>
<td>• Expert panel and open discussion</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Small group work</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Closing ceremony</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Opening ceremony

Opening plenary

Cocktail reception

Conference Dinner
**Official pre-conference events**

The IAGG Africa Region is pleased to offer the following two unique training opportunities in conjunction with the Conference. Both courses will take place in the Conference venue and will run from the morning of December 5 to early afternoon of December 6.

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>Fee</th>
<th>Inclusions</th>
<th>Participation</th>
<th>Opportunity</th>
<th>Best Suited</th>
<th>Class Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Introductory Course in Geriatric Medicine</td>
<td>Convened in conjunction with the International Institute on Aging, United Nations-Malta. Designed for medical practitioners and senior registered nurses who wish to gain a basic understanding of critical issues in geriatrics. Co-led by experts from the South African Geriatrics Society, and is based on the curriculum of the Diploma in Geriatric Medicine (SA). Course topics include: - Physiology of aging and frailty - Non-communicable diseases in older persons - Geriatric syndromes including dementia, delirium, falls, iatrogenesis and related conditions - Medico-legal and ethical issues.</td>
<td>$150</td>
<td>Lunch and tea breaks on both days</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Master Class: Families, Aging and Care</td>
<td>Convened by the IAGG Global Social Initiative on Aging (GSIA). Opportunity for examining and developing research ideas on the place of and support to families in the provision of long-term care for older persons in Africa. Best suited for senior doctoral students, postdoctoral researchers and early or mid-career scholars working on issues of families or aging or care in African contexts. Class content includes: - Families, aging and care in Africa context - Global perspectives on families and care - Support for family carers in global contexts - Challenges in forging LTC systems that understand and support families - Refining ideas for relevant research or a journal article.</td>
<td>$200</td>
<td>2 nights hotel, all sessions and meals</td>
<td>Participation is contingent on acceptance.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Space is limited and registration is required for both courses. For more information or to register, visit [http://www.aphrc.org/iagg/index.php/main/events/](http://www.aphrc.org/iagg/index.php/main/events/)
Conference venue

The venue for the Conference is the campus of the African Population and Health Research Center (APHRC), a leading pan-African research institution. The campus is located in a quiet, serene suburb of Nairobi and is fully equipped to support plenary and breakout sessions for the conference.

Nairobi

One of Africa’s most dynamic and cosmopolitan cities, Nairobi is a melting pot of people and attractions with a vibrant cultural life and fabulous places to visit. Landmarks include the National Museum, the world’s only wildlife-rich national park within city limits, an elephant orphanage and giraffe center, Karen Blixen’s former home, the United Nations regional headquarters, world class restaurants and tempting craft markets.

Getting there

Nairobi is a major travel hub in Africa. Direct flights to the city’s Jomo Kenyatta International Airport are operated from several African, European, Middle Eastern and Asian cities. Flights from other parts of the globe are typically routed through these locations.
Accommodation

Block bookings of rooms for conference delegates are being held at the below conveniently located hotels. A shuttle bus will transport delegates to and from the conference venue on each meeting day, leaving at 4.00 pm on 6 December and 8.00 am on 7 and 8 December.

Accommodation reservations should be made with the hotels directly and can be made at any time. Please quote reference “2nd IAGG 2016” to obtain the group rate.

Comfort Gardens 34
United Nations Crescent
Tel. +254 -(0)20 - 2014010 Cell. +254-(0)722 - 873 741
Email: info@comfortgardens.com
Website: www.comfortgardens.com

60 rooms have been reserved from 4 – 9 December.
- The rate per night (+ breakfast) is USD 80 + taxes for single occupancy.
- Airport Transfers are available at a fee of USD 20/KES 2000 one way.
- Book via email – info@comfortgardens.com or call+254 700 811350.
- Airport transfers should be confirmed 24 hours prior to pick up.

Shanema Homes
Off United Nations Crescent
Tel. +254-(0)20 - 2691911 Cell. +254-(0)700 - 333404
Email: info@shanemahomes.com
Website: www.shanemahomes.com

25 rooms have been reserved from 4-9 December.
- The rate per night (+ breakfast) is USD 75 + taxes for single occupancy.
- Airport Transfers are available at a fee of USD 30/KES 3000 one way.
- Book via email - info@shanemahomes.com or call+254 700 333 404.
- Airport transfers should be confirmed 24 hours prior to pick up.

Additional accommodation suggestions

Bidwood Suites Hotel with rates starting from USD 100 + taxes per night
www.bidwoodsuites.com

Tribe Hotel with rates starting from USD 190 + taxes per night
http://www.tribe-hotel.com/

West Wood Hotel with rates starting from USD 120 + taxes per night
www.westwoodhotelkenya.com
International Advisory Committee

**Professor Heung Bong Cha**  
President, International Association of Gerontology and Geriatrics

**Professor Sung-Jae Choi**  
Secretary General, International Association of Gerontology and Geriatrics

**Professor Toni Antonucci**  
Regional Chair for North America, International Association of Gerontology and Geriatrics

**Dr. Jane Barratt**  
Director, Department of Aging and Life Course, World Health Organization

**Prof. Maria Evandrou**  
Professor of Gerontology; Director Centre for Research on Aging School of Social Sciences

**Professor Alain Franco**  
Immediate Past Secretary General, International Association of Gerontology and Geriatrics

**Professor Linda Fried**  
Dean, Mailman School of Public Health, Columbia University

**Professor Mareinela Flores de Hekmans**  
Regional Chair for Latin America, International Association of Gerontology and Geriatrics

**Professor Keith Hill**  
Regional Chair for Asia and Oceania, International Association of Gerontology and Geriatrics

**Dr. Alex Kalache**  
Co-President, International Longevity Centre Global Alliance

**Ms. Rosemary Lane**  
Focal Point on Aging, United Nations Department of Economic and Social Affairs

**Dr. Isabel Ortiz**  
Director, Social Protection, International Labour Organization

**Professor Du Peng**  
Director, Institute of Gerontology, Renmin University of China

**Dr. Xenia Scheil-Adlung**  
Regional Chair for Europe, International Association of Gerontology and Geriatrics

**Professor Sue Yeandle**  
Director, Centre for International Research on Care, Labour and Equalities, University of Sheffield

**Prof. Kenneth Madden**  
Regional Chair for North America, International Association of Gerontology and Geriatrics

Scientific Programme Committee

**Professor Isabella Aboderin**  
Regional Chair for Africa, International Association of Gerontology and Geriatrics

**Professor Bilkish Cassim**  
Chief Specialist and Head, Department of Geriatrics, Nelson R Mandela School of Medicine, University of KwaZulu-Natal

**Dr. Radhouane Gouias**  
President, Tunisian Association of Gerontology

**Professor Jaco Hoffman**  
Associate Professor, Optentia Research Focus Area, North West University

**Professor Mourtalla Ka**  
Dean, School of Medicine, University of Thies, Senegal

**Dr. Sebastiana Kalula**  
Director, Institute of Aging in Africa, University of Cape Town

**Professor Norah Keating**  
Director, Global Social Initiative on Aging, International Association of Gerontology and Geriatrics

**Professor Elishiba Kimani**  
Associate Dean, Graduate School, Kenyatta University, Nairobi

**Ms. Femada Shamam**  
Head of Policy, HelpAge International

**Professor Elishiba Kimani**  
Chair, Kenya Association of Gerontology and Geriatrics

**Dr. Lucy Maina**  
Chair, Kenya Association of Gerontology and Geriatrics

**Dr. Lucy Kathuri**  
Chair, Department of Community Resource Management and Extension, Kenyatta University

Local Organizing Committee

**Professor Isabella Aboderin**  
Regional Chair for Africa, International Association of Gerontology and Geriatrics

**Ms. Lauren Gelfand**  
Head, Policy Engagement and Communications Division, African Population and Health Research Center

**Professor Jaco Hoffman**  
Associate Professor, Optentia Research Focus Area, North West University

**Dr. Lucy Kathuri**  
Chair, Department of Community Resource Management and Extension, Kenyatta University

**Ms. Bongiwe Pakkies**  
Post-doctoral Research Scientist, Aging and Development Program, African Population and Health Research Center

**Ms. Bongiwe Pakkies**  
PhD Candidate, Optentia Research Focus Area, North West University